PATH JOURNEYS

September 30-October 6, 2018

Vietnam



JOIN PATH FOR AN UNFORGETTABLE VISIT TO AN EXTRAORDINARY PLACE:

Vietnam

Where dense bamboo forests yield to graceful terraced rice fields, and city streets teem with endless zigzagging motorbikes. Incense perfumes the air of ancient temples that have welcomed the faithful for centuries. And bustling markets offer everything from high fashion to hardware to steaming bowls of phở, showered with fragrant fresh herbs.

With its spectacular vistas, sublime food, layers of complex history, and pulsating energy, Vietnam will engage all your senses and capture your heart.

Shaped by colonial rule, shattered by war, and immersed in spiritual tradition, this resilient country is in the midst of an extraordinary transition. Once one of the poorest countries on the planet, today it is one of the world's most vibrant emerging economies, brimming with entrepreneurial energy.

PATH has worked side by side with Vietnam's leaders and communities for more than three decades, growing and changing alongside this dynamic country to overcome its evolving health challenges.

We invite you to join our experts and partners to experience PATH's work firsthand.

Travel with us for a week and witness the past and future of global health.





A DIFFERENT KIND OF TRAVEL

Journeys is more than a tour: it is a unique opportunity to understand the world in a new way.

Our expert staff don't just work in the countries they serve; most were born there. Our partners include top scientists, government leaders, and celebrated experts. And our solutions are designed with insights from families and communities around the globe.

As our guest, you'll join us right where we work. You'll have unparalleled access to the people and projects that are improving health and changing lives.

"We would go anywhere with the people who joined us on our PATH Journey, and when you add into the mix the ability to see PATH's mission at work—it is a rich brew! The trip, in both its planning and execution, was perfect."

-Catherine and Thurston Roach Journeys travelers



Our itinerary

SEPTEMBER 30-OCTOBER 6, 2018

Our seven-day, six-night trip will take us from Hanoi in the north to Ho Chi Minh City (which locals often still call Saigon) in the south. Together, we'll meet with national health officials, local partners, and people in the communities we serve. We'll immerse ourselves in Vietnam's rich history and culture and explore its beauty. And we'll learn how PATH's staff and partners are creating innovative solutions to improve health and unlock potential for millions of people.

"I travel with PATH because of the people and the experiences. There is just no other way to learn about PATH's work. And sometimes, what I think I'm going to see and learn isn't what emerges—I wind up getting a different look, experiencing something completely different.

I come back with a more nuanced story to tell my friends about PATH's work and the work of global health worldwide."

-Susie Wyckoff Journeys traveler



See innovation in action

PATH's work in Vietnam began in 1980. Our relationships in the country run deep, and our work is diverse and dynamic. To ensure we see PATH's most exciting and current projects, we'll finalize our itinerary just a few months ahead—but here's a sample of what you can expect:

- » Visit Vietnam's first human milk bank, established in partnership with PATH, and discover how mothers of newborns are donating the most powerful nutrition available—to save the most vulnerable babies.
- » Meet HIV activists and learn how PATH has partnered with grassroots groups to create a new marketplace for products and services that can prevent HIV.
- » Visit with officials of a state-owned vaccine manufacturer that's teamed up with PATH to produce high-quality, low-cost vaccines for seasonal and pandemic flu.
- » Learn how PATH is helping the poorest people in Vietnam address the challenges of noncommunicable diseases—like diabetes and hypertension.
- » See firsthand how PATH helped Vietnam integrate better immunization data into its national program and make the leap from a paper-based to a digital health care system.



EXPERIENCE VIETNAM

- » Visit the site of Hoa Lo Prison, just down the street from PATH's Hanoi office. Built by French colonists to hold political prisoners, it later achieved notoriety and earned its ironic nickname—the Hanoi Hilton when North Vietnam used it to hold US prisoners of war.
- » Indulge in an unforgettable afternoon of retail therapy in the winding streets and markets of Hanoi's old quarter. Bargain with vendors for everything from lacquerware and ceramics to silk and silver.
- » Gaze into the Well of Heavenly Clarity at the Temple of Literature, the seat of Vietnamese education for more than 700 years. Pass a lowslung pagoda and enter a garden where scholars and sages once strolled.
- » Experience the delightful art of water puppetry, a 1,000-year-old tradition in which colorful puppets dance across the surface of a pool, acting out tales of daily life while a live band plays traditional music.





EXPERIENCE VIETNAM

» At Independence Palace—home of South Vietnam's last president during what's known in Vietnam as the American War—reflect on the conflict's legacy for both countries and marvel at the astonishing changes that 40 years have brought.

Savor the delicately balanced flavors that make every meal in Vietnam a special occasion for the senses—whether you're eating bánh cuốn under a Banyan tree or French-inspired fusion in a candle-lit courtyard. A trip to Vietnam is a progressive buffet of healthy, fresh ingredients, abundant herbs, and expertly applied spices.

» Unwind and make friends over snacks and freshly brewed beer at a bia hoi—one of the countless convivial beer halls that spill onto city sidewalks throughout Vietnam.

A life-changing experience EVERY JOURNEY IS A VOYAGE OF DISCOVERY

You'll return with a new understanding of global health innovation, the inspiration that comes from seeing how much we can do together, and the indelible memory of the people who are partnering with PATH to build a healthier future for themselves and their families.

There is no better time to change the way you understand the world, and no better way to do it than a Journeys tour.

OUR TEAM

PATH's expert travel planners have years of experience organizing custom worldwide travel. We provide support at every step, including preplanning and visa help, in-country transportation, comfortable accommodations, and the high level of ease and safety our travelers expect. Want to extend your visit to Vietnam? Planners can help you arrange additional excursions before or after your Journey.

COST

- » US\$4,500 per person.
- » US\$990 single-room supplement.

Price includes:

- » Accommodations.
- » Most lunches and dinners.
- » Transfers and touring by coach.
- » In-country flights from Hanoi to Ho Chi Minh City.
- » Entrance fees and guides during the included group tours.
- » Gratuities on included meals and porterage.

Not included:

- » International flights to and from Vietnam.
- » Beverages, excluding bottled water on the tour bus.
- » Additional travel before or after your Journey.



