Screening clients who wish to continue using DMPA

Learning objectives

- Describe who can and cannot continue using DMPA.

- Demonstrate how to make sure the client is on time for her injection.

- Demonstrate how to find the client's next injection date.

- Explain what to do if the client is late for reinjection.

Who can use DMPA

Any woman of reproductive age who desires an effective, reversible, and long-lasting method, including a woman who:

- is breastfeeding a baby who is at least 6 weeks old.
- has or has not had children.
- cannot or does not want to use other methods (i.e., those containing estrogen).
- has a sexually transmitted infection including HIV (DMPA may be used, but male or female condoms must also be used if a woman or her partner are at risk).
- is taking medicines, including ARVs to treat AIDS.

Who should not continue using DMPA (part 1)

Your client must stop using DMPA if she:

develops very high blood pressure

becomes pregnant

starts having very bad headaches

is told she has breast cancer

Source: WHO, 2010.

Who should not continue using DMPA (part 2)

Your client must stop using DMPA if she:

is told her diabetes is worse

is told she has serious liver disease

develops lupus or is told her lupus is worse

has had a heart attack, stroke, or blood clots
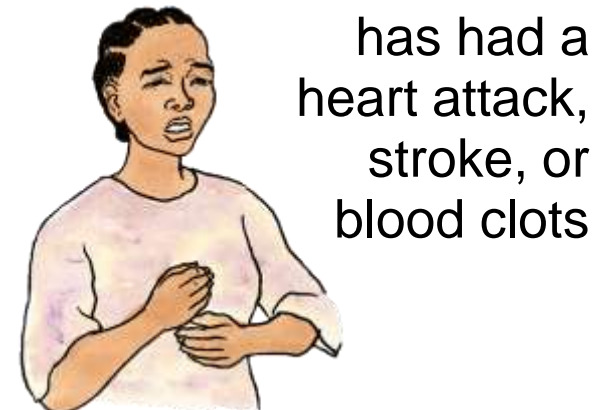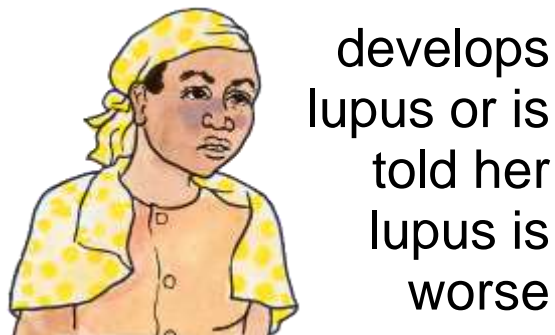
Source: WHO, 2004; updated 2008.

Check that your client is on time for reinjection

- Find out when your client received her last DMPA injection.

- Count 13 weeks from her last injection to find her reinjection date.

  – If today is her reinjection date, she can get the injection.

  – If she is up to 2 weeks early or up to 4 weeks late, she can get the injection.

  – If she is more than 4 weeks late, follow late reinjection procedures.
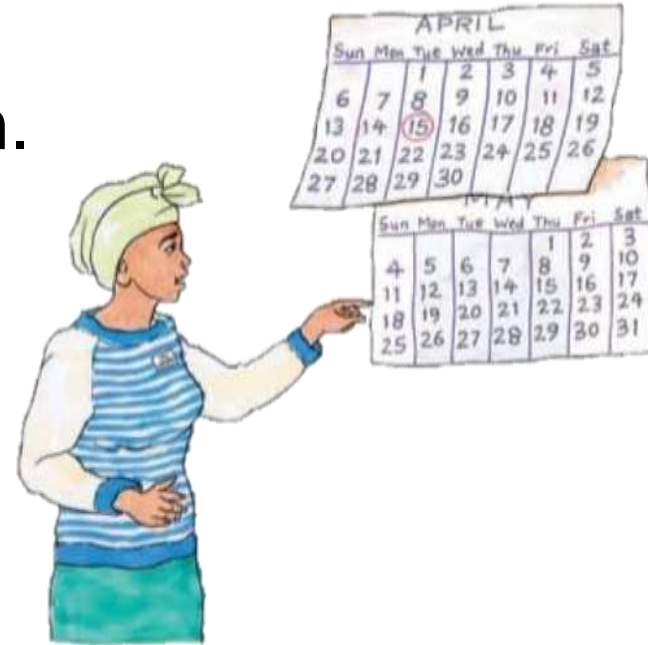
What if my client is more than 4 weeks late for reinjection?

- If your client is more than 4 weeks late for reinjection, you must rule out pregnancy before giving the injection.
- If you rule out pregnancy and give the injection, the client must use a back-up method for 7 days.
- After 7 days, the client will be protected by the DMPA.
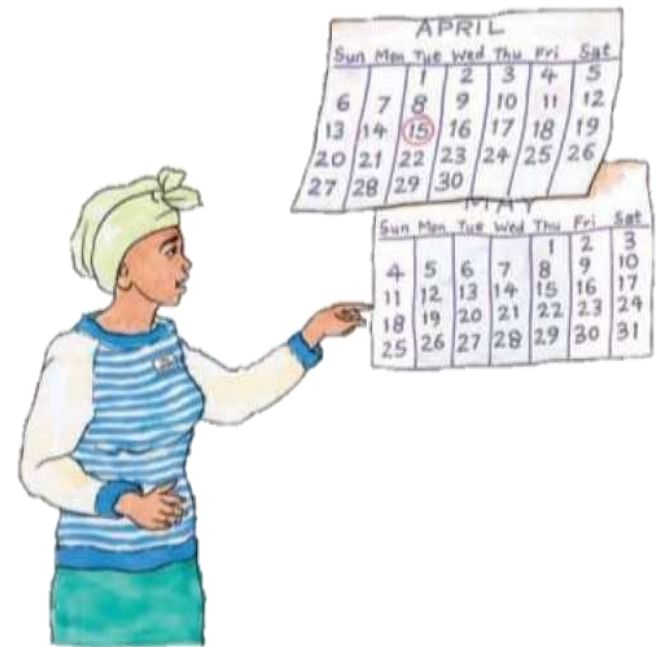
What if my client is more than 4 weeks late and pregnancy cannot be ruled out?

- Tell her that she might be pregnant and what she must do next to find out if she is pregnant.

- If she does not get the injection, tell her that she must use condoms or not have sex until she can get another injection.
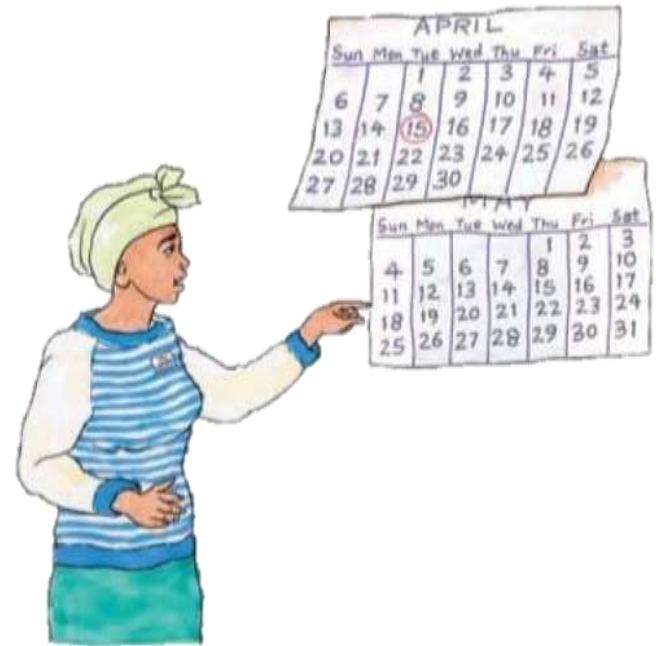
Check that your client is on time for reinjection

- Use the practice calendars with a partner to calculate the reinjection window if your client received her last injection on the following dates:

Sayana Press given	Reinjection date	Last day to inject without ruling out pregnancy
10 December 2013		
9 January 2014		
12 March 2014		
4 July 2014		

- What should you do if your client received her last injection on 12 March 2014 and arrives for reinjection on 13 July 2014?

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2014

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Decide the next injection date

- Use a calendar to count 13 weeks from today. This is the reinjection date.

- Write the reinjection date, and the type of injection you have just given (Sayana Press), on the client's reminder card.

- Tell her if she is late for her next injection, she should use condoms or not have sex until she gets another injection.
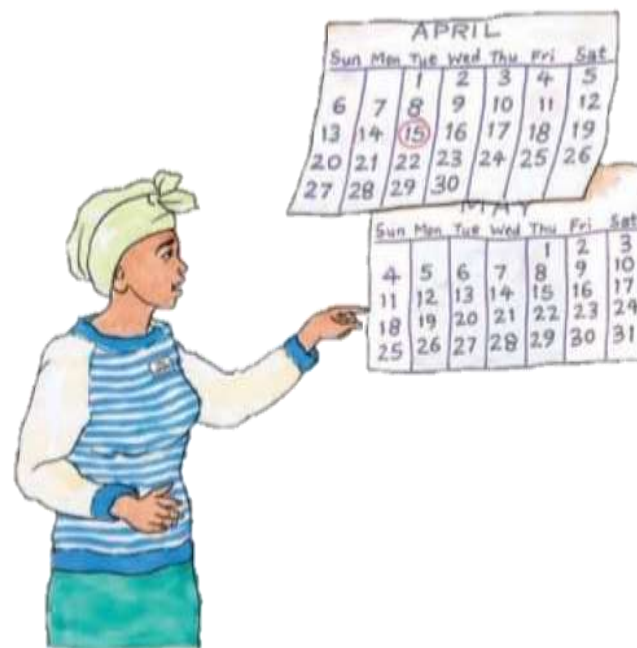
Decide the next injection date

- Use the practice calendar with a partner to calculate the next injection date if you give your client Sayana Press on each of the following dates:

Injection date	Next injection date
21 November 2013	
7 February 2014	
16 June 2014	
10 September 2014	

- How will you help your client remember when to get her next Sayana Press injection?

- What should your client do if she will be late for reinjection?

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What have you learned about screening clients?

1. What are some examples of women who can use DMPA?

2. What are some examples of women who should stop using DMPA?

3. What should you do if your client has one of the health problems that make her ineligible for DMPA?

4. What should you do if your client is 3 weeks late for reinjection?

5. What should you do if your client is 5 weeks late for reinjection?