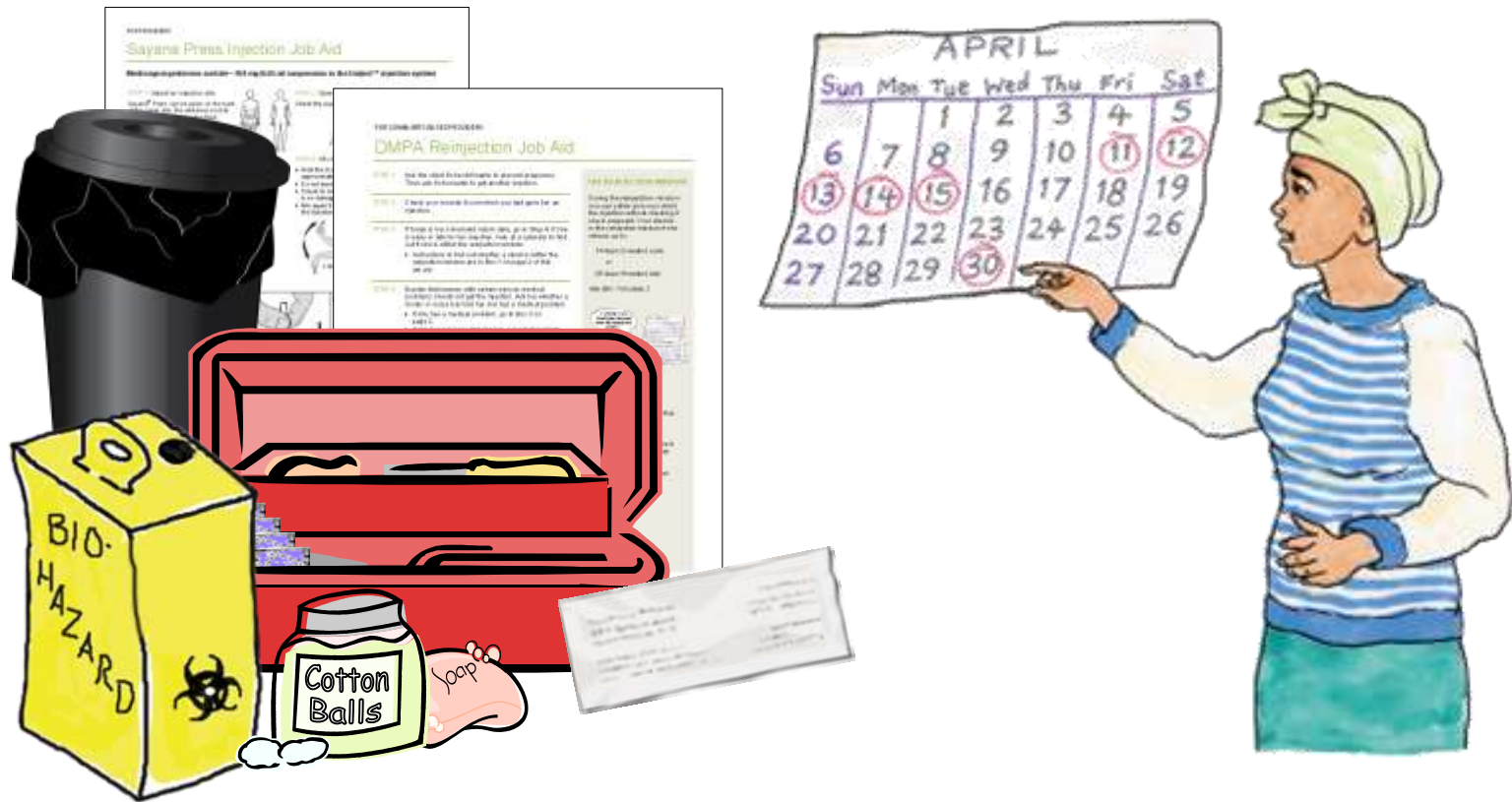


## LESSON 8

# Final exercise: Conducting reinjection visits



## GROUP ACTIVITY

# Conducting reinjection visits

Follow the instructions on the job aid to decide if clients are eligible to receive Sayana Press.

FOR COMMUNITY-BASED PROVIDERS

### DMPA Reinjection Job Aid

**STEP 1:** Ask the client if she still wants to prevent pregnancy. Then ask if she wants to get another injection.

**STEP 2:** Check your records to see when you last gave her an injection.

**STEP 3:** If today is her scheduled return date, go to Step 4. If she is early or late for her injection, look at a calendar to find out if she is within the reinjection window.

- Instructions to find out whether a client is within the reinjection window are in Box 1 on page 2 of this job aid.

**STEP 4:** Explain that women with certain serious medical problems should not get the injection. Ask her whether a doctor or nurse has told her she has a medical problem.

- If she has a medical problem, go to Box 3 on page 2.
- If she has not been told she has a medical problem, go to Step 5.

**STEP 5:** Give her the injection.

- Follow the steps for safe injection you learned in training.

**STEP 6:** Talk to her about side effects.

- Remind her that most changes to bleeding are normal and not harmful. Talk to her about what to do if she has questions or does not feel well.
- Refer her to the health center for care of any side effects that are a problem for her.

**STEP 7:** Look at the calendar to plan the date for her next injection. This will be 13 weeks from today. Remind her of the importance of coming back on time and discuss how to tell her mother.

- Remind her that she can talk with you, a doctor, or a nurse if she has any questions or problems.
- Tell her that if she is ever more than 4 weeks late for an injection, she should use condoms or not have sex until she gets another injection.

**STEP 8:** Remind her that the injection will not protect her from HIV or other STIs.

- Tell her to use a condom in addition to the injection if she is at risk.


#### THE REINJECTION WINDOW

During the reinjection window, you can safely give your client the injection without checking if she is pregnant. Your client is in the reinjection window if she returns up to:

- 14 days (2 weeks) early
- or
- 28 days (4 weeks) late

See Box 1 on page 2.

*I wonder if my client has returned within the reinjection window.*



What if she is not within the reinjection window?

You will need to ask her questions to make sure she is not pregnant before you can give her the injection.

See instructions in Box 2 on page 2.

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# Final discussion

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- What questions do you have?
- Do you have questions about the job aids?
- What feedback do you have about the way the training was done?
- How well prepared do you feel to provide Sayana Press to clients?
- What would you like to know more about?

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Thank you!