

# A NEW IMMUNOCHROMATOGRAPHIC STRIP TEST FOR NEISSERIA GONORRHOEAE



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## Revised Abstract

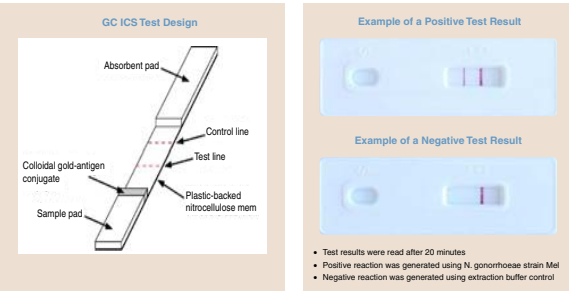
**Objective:** To develop a simple and rapid immunochromatographic strip (ICS) test for detection of *Neisseria gonorrhoeae* directly in clinical specimens.

**Introduction:** There is currently no rapid and simple diagnostic test or device for *N. gonorrhoeae* that is accurate, widely available, and can be used at the point of care in developing countries. Previous attempts using major outer membrane protein as the antigen target have been unsuccessful. Recently, we identified monoclonal and polyclonal antibodies to a new ribosomal protein, L7/L12, which has been demonstrated to have diagnostic utility in the optical immunoassay format. These antibodies have now been used to develop a simple and rapid ICS test.

**Results:** The detection limit for the gonococcal (GC) ICS test was found to be equivalent to  $1.1\text{--}1.6 \times 10^3$  cells/ml. The test recognized all 92 *N. gonorrhoeae* clinical isolates tested. These isolates, obtained from 11 distinct geographical regions, collectively represent a spectrum of *N. gonorrhoeae* serovars. Other species of *Neisseria*, as well as commensal bacteria commonly present in the urethral and vaginal tracts, did not react when tested at  $2 \times 10^7$  cells/ml. A retrospective clinical evaluation of the test, compared to the ligase chain reaction as the reference method, demonstrated a sensitivity and specificity in women of 63.6% (14/22) and 97.6% (205/210), respectively, using endocervical specimens. In men, the test produced a sensitivity and specificity of 97.1% (34/35) and 98.9% (88/89), respectively, using urethral specimens.

**Conclusions:** The usefulness of the *N. gonorrhoeae* L7/L12 antigen as a target for a simple and rapid test appears to be promising.

## Principles (cont.)



## Test Procedure

- Females**
- Place the patient's swab into a flexible tube
  - Add 12 drops extraction buffer
  - Agitate and allow to stand for 5-7 minutes
  - Mix all tubes by vortexing
  - Thoroughly express the buffer from each swab
  - Remove and discard the swab
- Males**
- Place the patient's swab into a flexible tube
  - Add 6 drops of extraction buffer
  - Agitate and allow to stand for 5-7 minutes
  - Mix all tubes by vortexing
  - Remove and discard the swab
- Procedure:
1. Cover the tube, invert it, and transfer 3-4 drops to the test cassette
  2. Time the reaction for 20 minutes
  3. Read the results in a well-lit area

## Methods and Materials

### Minimum Analytical Detection Level

To determine the minimum analytical detection level of the GC ICS test, viable *N. gonorrhoeae* cells were plated on modified Thayer-Martin medium (VWR, Brisbane, CA) and incubated for 16 hours in a carbon dioxide-rich atmosphere at 35°C. After 16 hours, cells were replated at the same conditions and harvested after an additional 16 hours. *N. gonorrhoeae* cells were removed from the plate with a bacteriological loop and suspended in Amies GC transport medium (Becton Dickinson, Sparks, MD). The concentration of harvested cells was determined by measuring the optical density of the cell suspension at 550 nm (visible light) using a Shimadzu Biospec 1601 spectrophotometer. Bacterial cell concentration was determined from the optical density, using the McFarland standard curve.\* A series of two-fold dilutions was then prepared from the initial cell suspension in Amies GC transport medium. Sterile Dacron® swabs (Puritan Hardwood Products LLC, Guilford, MI) were saturated with each dilution. Each swab was tested with the assay protocol described above until the visible test line (positive signal) completely disappeared. The last dilution, producing a visible test line on the GC ICS test membrane determined the minimal detection level.

### Assay Cross-Reactivity

To determine the cross-reactivity of the GC ICS test with other bacterial and fungal flora commonly present in vaginal and urinary tracts, viable commensal strains of *Neisseria* and other organisms (Bactrol® Plus, Becton Dickinson, Sparks, MD) were inoculated onto appropriate media and cultured in appropriate conditions for 24 hours. Initial cell concentrations were determined spectrophotometrically as previously described. The organisms were diluted to  $2 \times 10^7$  cells/ml in PBS, pH 7.2. Sterile Dacron® swabs were saturated in each cell suspension. Each swab was tested in accordance with the previously described assay protocol.

## Methods and Materials (cont.)

### Detection of Cultured *N. gonorrhoeae*

To determine the reactivity of different strains of *N. gonorrhoeae*, clinical isolates were obtained from Thermo Electron Corporation. Each isolate was pre-diluted in PBS, pH 7.2, and sterile Dacron® swabs were saturated in each dilution. Swabs were tested in accordance with an assay protocol, as previously described. Reference Ligase Chain Reaction (LCR, Abbott Diagnostics, Chicago, IL) testing was routinely performed by the University of Alabama. LCR results were not revealed until they were matched with the results of the GC ICS Test.

### Evaluation of Clinical Specimens

Ethical clearances were obtained from both the PATH Human Subjects Protection Committee and the University of Alabama's Institutional Review Board. Swabs from patients attending the sexually transmitted disease (STD) clinic at the University of Alabama were collected and stored frozen (-70°C) until the time of testing. Each swab was then thawed and tested in accordance with an assay protocol, as previously described. Reference Ligase Chain Reaction (LCR, Abbott Diagnostics, Chicago, IL) testing was routinely performed by the University of Alabama. LCR results were not revealed until they were matched with the results of the GC ICS Test.

## Results

### Minimum Analytical Detection Level

Minimum analytical detection levels were determined for 4 strains representing different serovars from 1A group and 6 strains representing different serovars from 1B group. Results are presented in the table below.

Detection Limits for Gonococcal Strains

Strain	Serovar	Minimal Detection level (cells/ml)
Pittsburgh 4804	IB-4	$1.1 \times 10^3$
Cambodia 1211	IB-8	$1.2 \times 10^3$
Georgia 2	IB-2	$1.2 \times 10^3$
ANC 2-4	IA-9	$1.3 \times 10^3$
Pittsburgh 8396	IA-21	$1.3 \times 10^3$
Dominican Republic 056	IB-3	$1.3 \times 10^3$
Senegal P292	IB-32	$1.4 \times 10^3$
Philippines 104	IB-1	$1.5 \times 10^3$
Peru (Aig) 033	IA 4	$1.5 \times 10^3$
ANC 1-1	IA1.2	$1.6 \times 10^3$

### Assay Cross-Reactivity

The commensal bacteria listed below were evaluated with the GC ICS test. All bacterial strains did not react when tested at a concentration of  $2 \times 10^7$  cells/ml. The 5 *Neisseria* species tested reacted in the GC ICS test only at concentrations of more than  $2 \times 10^7$  cells/ml.

Bacteria Tested for Reactivity in the GC ICS Test

Organism	Strain	Organism	Strain
<i>Neisseria lactamica</i>	ATCC 23970	<i>Proteus vulgaris</i>	ATCC 13315
<i>Neisseria meningitidis</i>	ATCC 13090	<i>Pseudomonas aeruginosa</i>	ATCC 27853
<i>Neisseria alga</i>	ATCC 9913	<i>Salmonella choleraesuis</i>	ATCC 14028
<i>Neisseria cinerea</i>	196	<i>Serratia marcescens</i>	ATCC 8100
<i>Neisseria flavescens</i>	30008	<i>Staphylococcus aureus</i>	ATCC 25923
<i>Candida albicans</i>	090195	<i>Staphylococcus epidermidis</i>	ATCC 12228
<i>Proteus mirabilis</i>	16728	<i>Streptococcus pyogenes</i>	ATCC 19615
<i>Enterobacter cloacae</i>	ATCC 23355	<i>Haemophilus influenzae</i>	ATCC 35066
<i>Escherichia coli</i>	ATCC 25922	<i>Streptococcus pneumoniae</i>	ATCC 6303
<i>Klebsiella pneumoniae</i>	ATCC 13883	<i>Streptococcus agalactiae</i>	ATCC 13813

### Detection of Cultured *N. gonorrhoeae*

Results from a retrospective evaluation of the GC ICS test with 92 *N. gonorrhoeae* clinical isolates indicated they were 100% reactive on the GC ICS test. The strains were obtained from 11 distinct geographical regions, representing a spectrum of *N. gonorrhoeae* serovars. Summarized results are presented immediately below.

GC ICS Test Results for Cultured Clinical Isolates

Region	Number of strains	Positive results
Alaska, US	6	6/6
Georgia, US	10	10/10
Pennsylvania, US	10	10/10
Washington, US	27	27/27
Dominican Republic	5	5/5
Peru	6	6/6
Cambodia	5	5/5
Philippines	5	5/5
Kenya	8	8/8
Senegal	5	5/5
Denmark	5	5/5
Negative control	1	0/1

## Results (cont.)

### Evaluation of Clinical Specimens

Clinical performance data for female and male samples from the University of Alabama are presented below. Data were obtained from a total of 356 clinical samples (232 female and 124 male). The prevalence of *N. gonorrhoeae* infection as determined by LCR was 17.7% in males and 15.1% in females. Sensitivity, specificity, and predictive values are presented below.

Female Endocervical Swabs

LCR results

	+	-
GC ICS test +	14	5
GC ICS test -	8	205

Sensitivity = 63.6%

Specificity = 97.6%

Positive Predictive Value = 60.8%

Negative Predictive Value = 95.7%

Male Urethral Swabs

LCR results

	+	-
GC ICS test +	34	1
GC ICS test -	1	88

Sensitivity = 97.1%

Specificity = 98.9%

Positive Predictive Value = 97.1%

Negative Predictive Value = 98.9%

## Conclusions

- We have developed a rapid and simple ICS test, using the L7/L12 *N. gonorrhoeae* target antigen.
- Test results indicate a high sensitivity for urethral specimens and lower sensitivity for endocervical samples, compared with reference diagnostic methods such as the LCR.
- Specificity for both urethral and cervical samples is high.
- Test results, including sample collection, may be obtained in less than 30 minutes.
- Further clinical studies to evaluate the GC ICS test performance are underway.

## References

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