Menstrual hygiene management in communal sanitation facilities: recommendations to eThekwini municipality

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Photo: PATH/Robyn Wilmouth

Durban case study

Impact of women's menstrual hygiene products (MHPs) and practices on sanitation systems.

Impact of sanitation systems on menstrual hygiene practices and MHP choices of women.

Sub-study topics:

- Perceptions of risk and caretaker knowledge
- Facility maintenance and disrepair
- Solid waste management and disposal for MHPs
- Supply chain for consumable goods, with implications for future MHPs distribution

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Methodology

- Half-day ride-along with pipe blockage removal team
- 12 facility assessments consisting of three components:
 - Photo documentation
 - Observation checklist
 - Structured caretaker interview







Photo: PATH/Robyn Wilmouth

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Findings: perceptions and misperceptions





"Newspaper and sanitary pads are the biggest problems."

-Blockage team member

"All the blockages are caused by the woman."

-Blockage team member

Materials associated with blockages include sand, fat/grease, stones, fetuses, newspaper, paper, rags and sanitary pads.

Photos: PATH/Robyn Wilmouth



Findings: perceptions of risk and caretaker knowledge



All caretakers concerned about contracting diseases from menstrual blood



10 of 12 caretakers concerned about contracting diseases from feces and urine

All caretakers used some personal protective equipment (PPE) regularly

PPE not be suitable for all personnel





Findings: supply chain













- 0 of 12 facilities are supplied with soap for hand-washing
- 5 of 12 caretakers run out of toilet paper (TP) occasionally
- 3 of 12 caretakers run out of TP every month
- Caretakers could provide input to EWS on storage and distribution of MHPs prior to launching a distribution program

Photos: PATH/Robyn Wilmouth

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Findings: solid waste management



7 of 12 caretakers found soiled sanitary pads in toilets or on floor

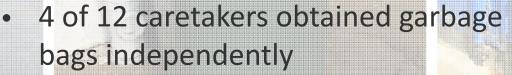


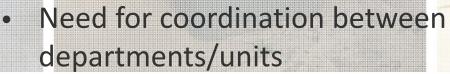
O of 12 community ablution blocks (CABs) had waste bins inside facility



2 of 12 CABs had bins outside facility









Photos: PATH/Robyn Wilmouth

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Findings: sanitation and hygiene education









- 4 CABs had signs or messages posted about waste disposal, toilet paper use, or cleanliness
- 2 caretakers made homemade signs for MHP disposal
 e.g., "I beg of you...do not put pads in toilet...thank you"
- Municipality as a trusted source of information about solid waste disposal

Photos: PATH/Robyn Wilmouth



Summary of proposed recommendations

- Enhanced training of caretakers and sanitation workers on risk
- Assessment of suitability of personal protective equipment
- Use of lessons learned from toilet paper distribution to inform MHP distribution for the Sanitary Dignity Campaign
- Improved coordination between Department of Solid Waste and the Water and Sanitation Unit
- Further empowerment of caretakers for community awareness
- Increased use of durable signs and "street theater" team to address MHM messaging



Water is Life, Sanitation is Dignity

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